

Stockton Heath Lawn Tennis Club

Arrangements for use of the Club from Saturday 1 August

This information sheet is for all members who use the club and courts and is based on the Government and LTA guidance on playing tennis. Please see previous guidance issued, particularly in the Club newsletters, since March.



The overriding priority is to keep all members safe and well as we continue to use the Club for tennis related activities. There are links to LTA and other documents concerning Covid-19 and we urge all members to keep up to date with the latest information concerning tennis players, venues and coaching.

Please remember to wash your hands and sanitise before and after playing tennis.

PRE-ATTENDANCE SYMPTOM CHECK [NEW]

- Anyone attending a venue (including players, coaches, staff and any other visitors), should undergo a pre-attendance self-assessment for any COVID-19 symptoms [using the information on the NHS website](#) before leaving home.
- No-one should leave home to participate in tennis if they, or someone they live with, has symptoms of COVID -19, currently recognised as any of the following:
 - A high temperature
 - A new, continuous cough
 - A loss of, or change to, their sense of smell or taste
- Should an individual have demonstrated any such symptoms, they must follow [NHS and PHE guidance on self-isolation](#)

The above is taken from the LTA guidance.

Accessing the courts and court furniture

- Please continue to avoid congregating either at the court gates or actually on the court itself.
- Wipe the court padlock, chain and opening mechanism of the gate with an anti-bacterial wipe (if you have one) when you have finished. These areas are being regularly cleaned by the Club.
- Try to avoid sitting on court furniture and use opposite sides for leaving tennis bags and stopping for drinks at game change-overs.
- Unless absolutely necessary avoid checking net heights and using net winders. If you do touch these then please wipe them down at the end of your game (if possible).
- If you do touch seat arms and backs please wipe them down at the end of your game (if possible).

After playing

- Please stop playing 5 minutes before the court booking time, both to prevent congregating/passing at the gates and to allow other court users to have their full allotted court time.
- If you are not leaving the Club immediately after playing then please ensure social distancing occurs both inside and outside the Club. If waiting for another game or spectating then sit apart from others. Please limit the interactions you have with people outside of the group you are attending with.
- Again, please wipe down any areas you have touched before leaving the Club (if possible).

Using the Clubhouse

▪ From Saturday 1st August the Clubhouse will be open during normal tennis activities. See right:

- Prior to opening the Clubhouse will have been extensively cleaned and we will endeavour to clean the main use areas (toilets specifically) regularly. Soap, paper towels, sanitiser, wipes and hand gel will be provided for members. There will be no material towels left in the changing rooms.
- People going in to the Clubhouse are asked to use a one-way system with the main porch door used for entrance and the fire door (facing court 4) for exit.

▪ If you go into the Clubhouse, we are asking everyone to record their contact details on either the list attached to a clipboard or use a slip (which can be folded for discretion

and placed in the box). This is a temporary record kept for 21 days in line with the recommendations. This is so that the Club would have an internal record to support the NHS Test and Trace system – see above.

When you enter the Clubhouse please ensure you sanitise your hands.

- All areas of the Clubhouse will eventually be open to members, but currently it is only the main room and toilets that are. The Bar and kitchen remain closed. When they do reopen please observe social distancing at all times and there will be guidelines issued for use of these areas.
- Wherever possible it is advisable to stand/sit outside the Clubhouse. As a guide we believe that no more than 8 people should be in the Clubhouse at any one time.
- Until further notice, we request that members do not use the shower facilities in the Clubhouse. As before the guidelines recommend that wherever possible changing rooms are not used and players arrive ready to play and return home to change and shower.
- Saturday afternoon social tennis will start on 1st August with no booking of courts required.
- The Club will continue to advise members of developments through email and the regular newsletters.

LTA guidelines state:

‘Undertaking any activity, including tennis, has the potential for increased risk of transmission of Covid-19, and we advise attendees at SHLTC to read the Government guidance on staying safe outside your home.’

CLUB NIGHTS **[NEW]**

- The Government has confirmed that club nights and competitions can now restart outdoors, provided that venues follow guidance to ensure that they are COVID-19 secure, in line with published [guidance on organising outdoor sport and physical activity participation events](#).
- **IMPORTANT:** The Government has made it clear that organised larger group tennis activity is only permitted for venues following COVID-19 Secure guidelines. This is in accordance with the COVID-19 Secure guidelines published by the LTA for venues, coaches, players and competitions, and is subject to a thorough risk assessment and event delivery plan, taking into consideration the relevant LTA and Government guidance, and clear and appropriate risk mitigation measures are in place.

NHS TEST & TRACE

- If someone who has played at your venue develops symptoms of COVID-19, they should be directed to follow the Government’s ‘test and trace’ guidelines, which can be read on the [Gov.uk](#) website
- **[NEW]** To support NHS Test and Trace, venues should keep a temporary record of all those on site for 21 days, in a way that is manageable, and assist NHS Test and Trace with requests for that data if needed. This should also include keeping a temporary record of staff shift patterns for your venue for 21 days

COVID-19 SECURE ‘PLAY SAFE’ GUIDELINES - RETURN TO PLAY

These COVID-19 guidelines apply to England only. They have been produced in line with Government announcements on the easing of lockdown restrictions, and the subsequent Government guidance on [gatherings, public spaces, and outdoor activities](#), the [phased return of outdoor sport and recreation](#) and for [providers of out of school settings](#) published on the Gov.uk website.

Alongside these guidelines, venues should read any updated information published by [Sport England](#) and on [Government guidance for providers of outdoor facilities](#).